



Happy Feet Nursery Food Menu Week 4



2 Course Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
Homemade tomato Pasta served with broccoli and cauliflower	Homemade Chilli con carne served with Boiled Rice	Homemade vegetable soup and wholemeal bread	Homemade Chicken Pie served with a crusty pastry, peas & Sweetcorn	Mince & Potatoes served with carrot and turnip
Fresh Water	Fresh Water	Fresh Water	Fresh Water	Fresh Water
Warm Custard served with fresh fruit	Lemon Jelly and cream.	Warm Homemade Fruit Cake	Selection of flavoured yoghurt	Small scoop of ice cream

Afternoon Snack

Monday	Tuesday	Wednesday	Thursday	Friday
Selection of flavoured yoghurts served with sultanas	A selection of sandwiches served with Sultanas	Cheese thin crackers, breadsticks, cheese, cucumber, pickles and salsa	Crackers with sliced cheese and grapes	Homemade cookies served with fresh seasonal fruit
Water or Juice	Water or Juice	Water or Juice	Water or Juice	Water or Juice

Breakfast

A selection of different cereals such as Weetabix, Cornflakes and Rice Krispies. Served with milk or water

Morning Snack

Varied throughout the week of a choice of White or Wholemeal bread toasted. Served with a variety of toppings and a selection of seasonal fruits. Served with milk or water

Homemade Fruit Cake

Selection

Blueberry
Lemon Drizzle
Apple & Banana
Berry

Wrap Fillings

Cold Ham
Grated Cheese
Cold Chicken
Pork Luncheon

Vegetarian Options available on request