



Happy Feet Nursery Food Menu Week 2



2 Course Lunch - Baby Mumble

Breakfast

A selection of different cereals such as Weetabix, Cornflakes and Rice Krispies. Served with milk or water

Morning Snack

Varied throughout the week of a choice of White or Wholemeal bread toasted. Served with a variety of toppings and a selection of seasonal fruits. Served with milk or water

Homemade Fruit Cake Selection

Blueberry
Lemon Drizzle
Apple & Banana
Berry

Roll Fillings

Cold Ham
Grated Cheese
Cold Chicken
Pork Luncheon

Vegetarian Options available on request

Monday	Tuesday	Wednesday	Thursday	Friday
Fresh Homemade Lentil soup served with wholemeal bread	Poached Fish, boiled potatoes served with mixed veg	Homemade Macaroni served with a side of peas and carrots	Chicken breast served in gravy with a side of cauliflower & Broccoli	Potato croquets served with a selection of cold meats and beans
Fresh Water	Fresh Water	Fresh Water	Fresh Water	Fresh Water
Chocolate Angel Delight	Selection of flavoured yoghurt	Warm Homemade Fruit Cake	Small tub of Ice-cream	Strawberry Jelly

Afternoon Snack

Monday	Tuesday	Wednesday	Thursday	Friday
Homemade fairy cakes served with fresh fruit	Crackers with sliced cheese and grapes	A selection of filled Rolls served with sultanas	Cheese thin crackers, breadsticks, cheese, cucumber, pickles and salsa	Scottish oatcakes served with cheese & grapes
Water, Juice or Milk	Water, Juice or Milk	Water, Juice or Milk	Water, Juice or Milk	Water, Juice or Milk