



# Happy Feet Nursery Food Menu Week 2



## 2 Course Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
Fresh Homemade Lentil soup served with wholemeal bread	Poached Fish, boiled potatoes served with mixed veg	Homemade Macaroni served with a side of peas and carrots	Chicken breast served in gravy with a side of cauliflower & Broccoli	Potato croquets served with a selection of cold meats and salad <i>(Beans for toddlers)</i>
Fresh Water	Fresh Water	Fresh Water	Fresh Water	Fresh Water
Chocolate Angel Delight	Selection of flavoured yoghurt	Warm Homemade Fruit Cake	Small tub of Ice-cream	Strawberry Jelly

## Afternoon Snack

Monday	Tuesday	Wednesday	Thursday	Friday
Homemade fairy cakes served with fresh fruit	Crackers with sliced cheese and grapes	A selection of filled Rolls served with sultanas	Cheese thin crackers, breadsticks, cheese, cucumber, pickles and salsa	Scottish oatcakes served with cheese & grapes
Water, Juice or Milk	Water, Juice or Milk	Water, Juice or Milk	Water, Juice or Milk	Water, Juice or Milk

### Breakfast

A selection of different cereals such as Weetabix, Cornflakes and Rice Krispies. Served with milk or water

### Morning Snack

Varied throughout the week of a choice of White or Wholemeal bread toasted. Served with a variety of toppings and a selection of seasonal fruits. Served with milk or water

### Homemade Fruit Cake Selection

Blueberry  
Lemon Drizzle  
Apple & Banana  
Berry

### Roll Fillings

Cold Ham  
Grated Cheese  
Cold Chicken  
Pork Luncheon

**Vegetarian Options available on request**